



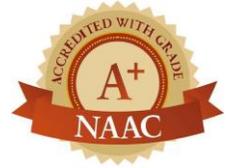
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2.8 Mentor–Mentee Programme

"Our Mentor–Mentee Program at the Centre of Excellence, Government College Sanjauli is not just guidance; it is a shared journey of learning, understanding, and excellence, where every mentor inspires, and every mentee aspires."

At the Centre of Excellence, Government College Sanjauli, Shimla, the Mentor–Mentee Programme has been thoughtfully designed to provide personalized academic and emotional support to students through structured group interactions. The initiative aims to foster a sense of belonging, holistic growth, and well-being by pairing students (mentees) with experienced faculty members (mentors) who guide them throughout their academic journey.

Total Students involved 3527, Lecture conducted : 3 to 5

- Link to Mentor- Mentee Program :
https://www.gcsanjauli.edu.in/students_welfare.html
- To check the roster, Link to the site:
https://www.gcsanjauli.edu.in/mentorship_program.html
- To check the consolidated list of Mentor-Mentee:
https://www.gcsanjauli.edu.in/files/mentees_session_2024-25.pdf
- **Total lectures allotted: 03 session, some teachers took four sessions as well.**

Key Features of the Mentor–Mentee Programme

1. Group Formation:

Each faculty member mentors a small group of students to ensure personal attention and effective communication. This structure allows mentors to identify individual challenges, track progress, and provide need-based support to every student.

2. Regular Interaction:

Mentor–mentee sessions are conducted at regular intervals to monitor academic performance, personal development, and overall well-being. These meetings serve as a platform for discussions on academic goals, study techniques, time management, examination preparedness, and career planning.

3. Support Beyond Academics:

The programme goes beyond academic concerns to address the holistic development



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of students. Mentors assist mentees in managing stress or anxiety, navigating relationships, exploring career options, and coping with emotional or psychological challenges. An open, respectful, and non-judgmental environment is encouraged during sessions. This helps students share their thoughts and concerns freely, promoting trust and meaningful dialogue between mentors and mentees.

5. Regular guidance:

Mentorship nurtures self-awareness, emotional intelligence, and critical thinking among students. Through regular guidance, mentees learn to set realistic academic and personal goals, while mentors gain deeper insight into student needs, thereby contributing to a collaborative culture of growth and support.

As a unique institutional practice, **one page of every student's identity card** is dedicated to mentor–mentee interactions. Mentors sign after each scheduled session, and completion of these interactions is mandatory for students to become eligible for the annual examination.

Through this initiative, Government College Sanjauli strives to build a close-knit academic community where mentorship transforms learning into a shared pursuit of excellence, responsibility, and personal growth.

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2.8 Sample document

MENTOR – MENTEE RECORD FOR THE SESSION 2024-25

DR POONAMA VERMA, DEPARTMENT OF PHILOSOPHY, Mentoring students of B.A 1st year

MENTORS – MENTEES SESSION 2024-25							
Sl. N	Student Name	Class Roll No	Class	Oct 25	Nov 23	Dec 28	Signature
1	KRITIKA	24558004	B.A-1	P	P		
2	ANKITA SHARMA	24558005	B.A-1			24/3/25	Adakita
3	RAHIL	24558006	B.A-1	P			
4	MUSKAN	24558007	B.A-1	P			Muskan
5	PRIVANSHU KUMAR SINGH	24558008	B.A-1	P	P		Singh
6	CHHEDUP DORJE	24558009	B.A-1				
7	SANDEEP KUMAR	24558010	B.A-1	P	P		
8	AYUSH NEGI	24558011	B.A-1		P		
9	DHIRUV SUNTA	24558012	B.A-1	P	P		
10	KUNZANG ANGDUI	24558013	B.A-1				
11	KRITIKA NEGTA	24558014	B.A-1	P	P	24/3/25	Kritika
12	ANUJ THAKUR	24558015	B.A-1				
13	HARSHIT SHARMA	24558016	B.A-1		P		
14	KALASH BHOTKA	24558017	B.A-1	P			
15	LAXMAN SINGH	24558018	B.A-1				
16	ISHITA	24558019	B.A-1	P			
17	NITESH THAKUR	24558020	B.A-1				
18	SAKSHAM VERMA	24558021	B.A-1		P		Saksham
19	KRISHI SAWANT	24558022	B.A-1				
20	SUJAL VERMA	24558023	B.A-1	P			
21	DIVYANJALI	24558024	B.A-1		P		
22	PALAK NEGI	24558025	B.A-1	P			Palak
23	ARYAN	24558026	B.A-1				
24	SWAYAM SUMAN	24558027	B.A-1		P		Suman
25	AYUSH	24558028	B.A-1				
26	ROHIT	24558029	B.A-1	P			
27	PIYUSHCHANDEL	24558030	B.A-1				
28	ROHIT SHARMA	24558031	B.A-1		P		Rohit
29	SAHIBA PAPTA	24558032	B.A-1				
30	ABHISHEK	24558033	B.A-1	P			
31	NIJIN SHYAM	24558034	B.A-1				Nishin

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				OCT 25	NOV 23	DEC 28	
32	AYUSH THAKUR	24558035	B.A - 1		P		
33	AMRIT RATTAN	24558036	B.A - 1		P		
34	SURYANSH	24560001	B.A - 1	P	P	26 ³ / ₂₅ verification sheet	
35	TAMANNA	24560002	B.A - 1	P			Tamanna
36	PALAK	24560003	B.A - 1	P			Palak
37	DIVANSHI	24560004	B.A - 1	P			Divanshi
38	AYUSH	24560005	B.A - 1	P			
39	BIHANU PARTAP SINGH	24585001	B.A - 1		P		Bhanu
40	AJAY	24585002	B.A - 1				
41	PRAFYUSH SWAROOP	24585003	B.A - 1		P		
42	JAHANVI KANWAR	24585004	B.A - 1	P	P		Jahani
43	EKTA	24611001	B.A - 1	P			Ekta
44	ASHIMA SHARMA	24611002	B.A - 1	P			Ashima
45	SIMRAN	24611003	B.A - 1		P		Simran
46	AARCHI	24611004	B.A - 1	P	P		Aarchi
47	SAKSHI BEGRAJ	24611005	B.A - 1		P		Sakshi
48	AASTHA	24611006	B.A - 1				
49	VEDIKA CHANDEL	24611007	B.A - 1	P	P		Vedika
50	NITIKA KUMTA	24611008	B.A - 1	P			Nitika
51	MUSKAN GHAI	24611009	B.A - 1	P			Muskan
52	AKSHITA THAKUR	24611010	B.A - 1	P			
53	PALLAVI	24611011	B.A - 1		P		Pallavi
54	PIYUSH NEGI	24611012	B.A - 1				
55	KRISH DEV	24611015	B.A - 1	P			Krish Dev
56	NELSON VERMA	24670001	B.A - 1				
57	SALONI	24670002	B.A - 1				
58	ASHISH CHAUHAN	24670003	B.A - 1	P	P		Ashish
59	SEJAL SHARMA	24670004	B.A - 1				
60	MOHIT SHARMA	24671001	B.A - 1	P	P		
61	PANKAJ	24671002	B.A - 1		P		

MENTOR: Dr Poonama Verma



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MR. AKSHAY AZAD, DEPARTMENT OF PSYCHOLOGY, Mentoring a student group of B.Sc I Year

B.Sc. I (N.M) - Attendance Sheet (2024-25)

Class: B.Sc I (N.M) - Mentor: Mr. Akshay Azad

S No	Roll Number	Student Name	25/10	23/11	28/12	Signature
1	24451045	NITESH KUMAR				
2	24451046	ASHIMA THAKUR				
3	24451048	SAHIL KUMAR THAKUR				
4	24451049	DEEPAKSHI SHARMA				
5	24451050	ANJALI SHARMA	P	P	P	Anjali Sharma
6	24451051	AAKRIT				
7	24451052	ANISHA NEGI	P	P	P	Anisha
8	24451053	AMIT KUMAR				
9	24451054	AKSHIT BHARDWAJ				
10	24451055	AMAN KUMAR	P	P	P	Aman Kumar
11	24451057	SAHIL THAKUR	P	P	P	Sahil Thakur
12	24451059	JESIKA GAUTAM	P	P	P	Jesika
13	24451061	MOHIT GARG	P	P	P	Mohit
14	24451062	AVNI	P	P	P	Avni
15	24451063	KARTIK AUKTA	P	P	P	Kartik
16	24451064	MEGHA SHARMA	P	P	P	Megha
17	24451065	MRIDUL DHIMAN	P	P	P	Mridul
18	24451067	BADAL VERMA				
19	24451068	DIKSHA THAKUR	P	P	P	Diksha
20	24451069	PAYAL	P	P	P	Payal
21	24451071	ARPIT RANA	P	P	P	Arpit
22	24451073	TENZIN LOTEY				
23	24451074	SOMDUJT				
24	24451075	SUSHANT				

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25	24451076	AKSHAY	P	P			Akshay
26	24451077	VIDHUSHI SINGH	P		D		Shah
27	24451079	SACHIN VERMA	P	P	P		Sachin
28	24451081	PRIYANSHI					
29	24451082	BHAWI SHARMA					
30	24451083	GARIMA RATWAN	P	P	P		Garima
31	24451085	KRITIKA SHARMA	P	P			Kritika
32	24451086	ADITYA SHARMA	P		P		Aditya
33	24451087	AARDITH VARDHAN					
34	24451088	AAROH VERMA					
35	24451089	HARSH SHARMA	P	P			Harsh
36	24451090	JATIN					
37	24451091	ARNAV GAUTAM					
38	24451092	TAMANNA THAKUR	P	P	P		Tamanna
39	24451093	SAHIL VERMA	P		P		Sahil
40	24451094	HARSHITA	P	P	P		Harshita
41	24451095	ANAMIKA	P	P			Anamika
42	24451096	TEENA THAKUR	P	P	P		Teena
43	24451097	KARAN SHARMA	P	P	P		Karan
44	24452003	RITIKA THAKUR					
45	24452004	VANSH CHAUHAN	P	P	P		Vansh
46	24452006	MAYANK SINGH	P		P		Mayank
47	24452008	LOVISH THAKUR	P	P			Lovish
48	24452011	ADITI SHARMA	P		P		Aditi
49	24452012	ANURADHA					
50	24452014	VIJAY KUMAR					
51	24452015	SHALINI SHYAM	P	P			Shalini
52	24452016	SHEETAL	P		P		Sheetal
53	24452017	NIKHIL JAIN	P	P	P		Nikhil
54	24453001	HARSH THAKUR					

56	24453002	ESRA BHANUMATI	P	P	P		Esra
56	24453003	RISAL	P	P			Risal
57	24453004	BHUPNEEP CHAUKHAN	P	P	P		Bhupneep
58	24453005	ANWEE?	P	P	P		Anwheet
59	24453006	ENRUL SHARMA					
60	24453007	BHAGY RATNAM					

Handwritten signature and date: 12/08/2021



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Mentor-Mentee Session for BSc. Medical 2nd Year Students

Mentor: Mr. Anupam Verma

Class: B.Sc. II (M)

Academic Year: 2024-25

S.No	Roll Number	Student Name	01/9	04/10	08/11	27/12	Signature
1	23401096	AARUSHI DASTA	P	P	P	P	Aarushi
2	23401097	VED PRAKASH	P	P	P	P	Ved Prakash
3	23401098	SNEHA KHIMTA	P	P	P	A	
4	23401099	HIMAKSHI VERMA	P	P	P	P	Himakshi
5	23401100	KASHISH DULTA	P	P	A	P	Kashish
6	23402001	SHIVAM PRAKASH SHANDIL	P	A	P	P	Shivam
7	23402002	TANISHA SHARMA	P	P	P	P	Tanisha
8	23402004	NEHA	P	P	P	P	Neha
9	23402005	ANSHIKA VERMA	A	A	P	P	Anshika
10	23402006	ARINDAM DAKSH	P	P	P	P	Arindam
11	23402007	NIHARIKA GAUTAM	P	P	P	P	Niharika
12	23402008	SANIYA	A	A	P	P	
13	23402009	DEEPAK SINGH	A	P	P	P	Deepak
14	23402010	VANSH	P	P	P	P	Vansh
15	23402012	PANKAJ NILTU	A	P	A	P	Pankaj
16	23402013	MUSKAN	P	A	P	P	Muskan
17	23402014	PALAK THAKUR	A	P	P	P	Palak
18	23402015	SUMIT THAKUR	P	P	P	P	Sumit
19	23402016	PRAJJWAL SHARMA	P	P	P	P	Prajwal
20	23402017	DIKSHA SHARMA	P	P	P	A	Diksha

A. Verma

B. Singh

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21	23402019	VANSHIKA SHARMA	P	P	P	P	Vanshika
22	23402020	PAYAL	P	P	P	P	Payal
23	23402021	TRIPTA KUMARI	P	P	P	P	Tripta
24	23402022	ANUSHAKA	P	P	P	P	Anushika
25	23402023	SANJNA THAKUR	P	P	P	P	Sanjna
26	23402024	RAKSHIT PARTH SHYAM	P	P	P	P	Rakshit
27	23402025	PRANJAL THAKUR	P	P	P	A	Pranjal
28	23402027	SWAPNIL SURYAN	P	P	P	P	Swapnil
29	23402029	AMAN KUMAR	P	P	P	P	Aman
30	23402030	KRISH NANTA	A	P	P	P	
31	23402031	ARJUN SINGH	A	P	P	P	
32	23402032	ROHIT	P	A	P	P	Rohit
33	23402033	SHUBHAM	P	P	P	P	
34	23402034	ANJALI THAKUR	P	P	P	P	Anjali
35	23402035	DIYA MAKRAL	P	P	P	P	Diya
36	23402036	AYUSHI KHARDIA	P	A	P	P	Ayushi
37	23402037	KASHISH	P	P	P	P	Kashish

234302038

Saloni

Seetha

Almy

Only four classes for mentor-mentee session were taken in the year 2024-25. Topics related to various dimension of students life were discussed during this session.

Bhagy

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Mentor - Mentee

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Attendance Register of the B.A. - II

Serial No.	Roll No.	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
51	23507001	Janyj Verma	P			P														
52	02	Jamonne Chandel		P																
53	03	Sulani Verma	P			P														
54	04	Prince		P		P														
55	05	Simran Thakur	P			P														
56	6	Pallevi Verma		P																
57	7	Shilpa	P			P														
58	8	Sakshi Kaushal		P		P														
59	9	Kesar	P			P														
60	10	Ku. Kajal		P																
61	11	Vedika Sharma	P			P														
62	12	Harshita Sharma	P			P														
63	14	Anamika		P																
64	15	Sanvi				P														
65	16	Purvika		P																
66	18	Komal gupta	P			P														
67	19	Nikita Dhiman		P																
68	20	Saksham Sharma				P														
69	21	Mehak Sharma	P	P		P														
70																				
71																				
72																				
73																				
74																				

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Mentor - Mentees

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BA - II (Mentor - Mentee Class)

Attendance Register of the

Serial No.	Roll No.	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1.	2350603	Simpl	.	P	P	.														
2.	54	Rohini	P	P	.															
3	56	Vishal sharma	-	.	.	P														
4	52	Harshita	-	P	.	.														
5	58	Aastha	P	.	.	.														
6	59	Jatin	-	P	.	.														
7	60	Shabnam														
8	61	Vedanehi Hetto	P	.	P	.														
9	62	Kasak Sharma														
10	63	Shweta Kaith	.	P	P	.														
11	64	Dipika	P	.	.	.	P													
12	66	Sangam Chauhan	.	P	.	.														
13	67	Ankita	P													
14	68	Jamanna	.	.	.	P	.													
15	69	Manjeet	.	P	.	.	P													
16	71	Yogita Palcar	P													
17	72	Ankesh Thakur	.	P	.	.	P													
18	73	Rahul Verma	P													
19	74	Aakha	.	.	P	.	P													
20	75	Goutam	.	P	.	.	.													
21	76	Sirya Jyoti	.	.	P	.	P													
22	77	Jigyasa	.	P	.	.	P													
23	78	Rayal	.	.	P	.	.													
24	79	Mehak	P													

[Signature]
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BA 2ND
Mentor-Session (Dr. Rajendra Singh)

Sl. No.	Roll. No.	Signature
1	23508027	Jurabh
2	23521003	Shantendri Chandel
3	23521005	Payal
4	23508019	Kushal
5	23509019	Krushika
6	23508007	Meena
7	23508008	Harshita
8	23508028	Nitika
9	23521004	Paxar
10	23521002	Kimanshu Thakur
11	23522005	Dipti
12	23512007	Muskan
13	23509021	Mukti Thakur
14	23507011	Kizash Thakur
15	23513019	Abhinav Negi
16	23510002	Saksham Letka
17	23509016	Ankita Thakur
18	23508020	Shabnam Negi
19	23509013	Mohit Thakur
20	23509002	Jomya
21	23509014	Mamisha
22	23515005	Manjula
23	23511001	Sheetal
24	23515002	Malvika
25	23515002	Shruti Vema
26	23508016	Suryanshu
27	23508013	Aarushi

Date: 24-10-2024
Signature: _____

twenty seven students attend the mentor session.

22/10/24
Shimla-6 (HP)

Govt. College Sanjauli, Shimla-6 (HP)



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Rajender Singh
BA II year mentor session

DATE WRITELWELL
Date: 27/12/24
Page:

1. Kishika	23521005	Payal
2. Kunal	23509019	Kunal
3. Bhartendu Chandel	23521003	Bhandel
4. Poolesh	23508029	Durabbs.
5. Nitika	23508028	Nitika
6. Harshita	23508008	Harshita
7. Meera	23508007	Meera
8. Dipti	23512005	Dipti
9. Muskan	23512007	Muskan
10. Mukti Thakur	23509021	Mukti
11. Paras	23521004	Paras
12. Himanshu Thakur	23521002	Himanshu
13. Kisan Thakur	23509011	Kisan
14. Abhinav Negi	23513019	Abhinav
15. Saksham Letka	23510002	Saksham
16. Mohak Verma	23508002	Mohak
17. Suryanshu	23508016	Suryanshu
18. Aekushi	23508013	Aekushi
19. Shri Ram	23508029	Shri Ram
20. Shabnam Negi	23508020	Shabnam
21. Khushi Sharma	23508023	Khushi
22.		

Total No of 22 Students of BA II year
Attend the mentor session in room
No 6 on the topic of drug abuse at
3:00 Pm

Principalsanjauli
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27/12/24



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GOVT. COLLEGE SANJAULI SHIMLA - 6 HP

MENTOR SESSION - 2024-25

Mentor session for the student of B.A II year were conducted during the year 2024. All the sessions were conducted after 3:00 clock in various room i.e 16 & etc. Topic related to National integrity & drug abuse etc were discussed with the students. Total 3 session during the year 2024 were conducted.

Date of mentor session were 24/10/24, 22/11/24 & 27/12/24. In last session 22 students attended the session.

Rajender Singh

Deptt of Commerce

G. C. Sanjauli Shimla-6

BBlegu

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Centre of Excellence,
Govt. College Sanjauli,
Shimla-6 (HP)