

Dated: 26<sup>th</sup> September 2025

## A Report on

### Thalassemia Awareness Programme

#### Organised by – Rotaract club, Centre of Excellence, Government college Sanjauli

The Rotaract Club of Government College Sanjauli organized a **Thalassemia Awareness Lecture** on 26th September 2025 at the Conference Hall, Centre of Excellence in collaboration with ROTARY CLUB Shimla. The initiative aimed to educate students and staff about **Thalassemia**, its connection to anaemia, underlying causes, and effective prevention strategies.

The event was graced by the presence of our esteemed **Principal, Prof. Bharti Bhagra** as Chief Guest of the event. Her encouraging words highlighted the importance of health awareness programs in academic institutions.

The lecture was delivered by **Dr. Nishi Sood, Professor of Obstetrics & Gynaecology at KNH, IGMCM Shimla**. With over 30 years of academic and clinical experience, Dr. Sood provided an in-depth and enlightening session on the medical, genetic, and social aspects of Thalassemia. She emphasized the disease's link with anaemia and highlighted the role of screening and genetic counselling in prevention.

The program commenced at 12:00 PM, under the leadership of **Mrs. Rita Chandel (Convenor Rotaract Club)**. The session was well-attended by students, faculty members, and Rotaract club volunteers. An interactive Q&A session followed the lecture, where attendees clarified doubts and expressed their appreciation for the informative content.

The event successfully fulfilled its objective of spreading awareness about Thalassemia among the college community. It served as a reminder of the importance of preventive healthcare and the role educational institutions can play in promoting it. The Rotaract Club of Government College

Sanjauli remains committed to organizing such socially relevant and impactful events in the future.

The event was also graced by the presence of **Rtn. Karan Bamba (President)**, **Dr. Sandeep Sauhta (Secretary)** and other Rotarians of the **Rotary Shimla**. They also played a key role in efficiently coordinating and managing the smooth conduct of the program. On this occasion, Dr. Minakshi Sharma, Dr. Shalu, Dr. Shweta Sharma, Dr. Poonam Chandel, and Dr. Lakhbeer Singh were present.



