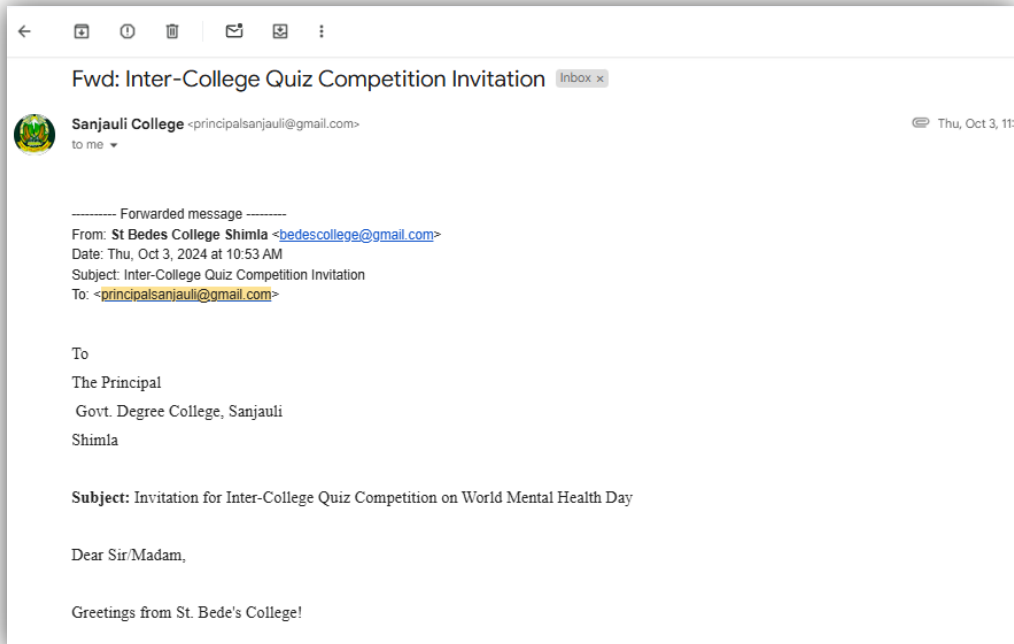


## Report on Inter-College Quiz Competition on World Mental Health Day



On the occasion of **World Mental Health Day**, an Inter-College Quiz Competition was organized by the Department of Psychology at St. Bede's College, Shimla. The event took place on October 7, 2024, and saw the enthusiastic participation of various colleges from the region, showcasing their knowledge and awareness of mental health issues.

The Department of Psychology from Government Degree College, Sanjauli, participated actively in this event, representing our college with pride and dedication. Two BA 2nd-year students, Amil Sharma and Akriti, were selected to represent our department in this intellectually stimulating competition. Competing against several highly knowledgeable teams, they demonstrated an impressive understanding of mental health concepts, contemporary issues, and research, which reflected their commitment and depth in the subject.

We are delighted to report that Amil Sharma and Akriti secured the 2nd Prize in the competition, bringing honor to our college. Their success is a testament to their hard work and the supportive academic environment fostered by the Department of Psychology at Government Degree College, Sanjauli.

This achievement not only highlights the dedication of our students but also underscores the importance of engaging in activities that promote mental health awareness, especially on significant days like World Mental Health Day. The department looks forward to encouraging more students to participate in such events in the future, promoting a culture of learning and mental health advocacy within the community.



**Department of Psychology**  
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*Akshay*

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