

“SAMARPAN” : DEDICATION AND SELFLESS SERVICE

“Langar Seva for Patients and Caregivers: An NSS Social Outreach Initiative at IGMC”

As part of its commitment to social responsibility and community engagement, the NSS unit of the college organized a **Langar Seva** at **Indira Gandhi Medical College (IGMC)** in **October (20-10-2024)**. The activity was aimed at supporting patients and their caregivers by providing **free, nutritious, and hygienically prepared meals** within the hospital premises.

NSS volunteers actively participated in the preparation, distribution, and management of food, ensuring that meals were served **on time and in an orderly manner**. Special care was taken to maintain **cleanliness, hygiene, and food quality**, keeping in mind the sensitive health conditions of the beneficiaries. The activity reflected the core NSS values of **service before self, empathy, and collective responsibility**.

Through this initiative, students gained first-hand experience in social service, teamwork, and humanitarian engagement, while addressing a real and immediate community need. The Langar Seva had a **positive social impact** by reducing the daily burden of food expenses for economically weaker patients and attendants and by fostering a spirit of compassion and solidarity.

Social Impact / Outcomes

- Provided **timely and free meals** to patients and their caregivers
- Promoted values of **empathy, service, and social responsibility** among students
- Strengthened the institution's engagement with the healthcare community
- Enhanced awareness about **community service and inclusive support systems**

Feedback from Beneficiaries

Feedback collected from patients and caregivers was **highly positive**. The key observations included:

- Food was served **on time** without inconvenience
- **Quality and taste of food were good**
- Proper **hygiene and cleanliness** were maintained during distribution
- Beneficiaries expressed **gratitude and satisfaction** with the initiative
- Many suggested that such **Langar Seva activities should be organized more frequently**

