



Centre of Excellence

GOVERNMENT COLLEGE SANJAULI

SHIMLA-06, H.P.

{NATIONAL SERVICE SCHEME}

A Report

2nd One Day Camp

Date: 24/11/2024

Introduction:

The NSS Unit of Government College Sanjauli organised its 2nd One-Day Camp on 24th November 2024. The camp, attended by more than 80 enthusiastic volunteers, was designed to foster growth and development through engaging activities, knowledge sessions, and team-building exercises. The event focused on enhancing communication skills, building trust among the volunteers, and promoting discipline and unity within the group. Program Officer Dr. Anupam Verma was also present during the camp.



Objectives:

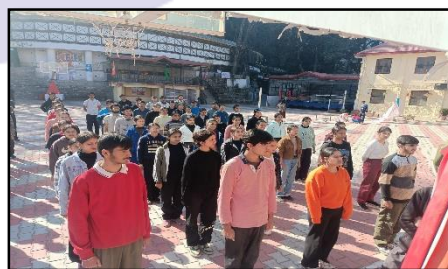
The primary objectives of the camp were:

1. To improve the communication skills of volunteers through interactive activities.
2. To build trust and unity among the volunteers by engaging them in team-building exercises.
3. To provide valuable insights about the National Camps and the workings of the NSS.
4. To enhance the discipline and coordination of volunteers through structured drill sessions.
5. To offer an opportunity for volunteers to learn and practice important life skills, such as convincing others and problem-solving

Activities Conducted:

The camp featured a wide range of activities aimed at achieving the set objectives. These activities were thoughtfully planned to engage the participants both mentally and physically:

- 1. Drill Session:** The day began with a drill session that helped the volunteers develop discipline and unity. The session focused on coordination and synchronization, encouraging participants to work as a team and follow instructions with precision. This session was taken by volunteer Ved Priya who recently represented NSS H.P. at North-Zone PRE-RD Parade Camp at Vivekananda Global University, Jaipur, Rajasthan.



- 2. Team-Building Activities:** Various fun and interactive games were organised to build trust and enhance communication skills among the volunteers:

2.1 Tug of War: This fun game helped build team spirit as volunteers worked together to win. We had six teams competing. The winning team will also have the chance to compete against the senior volunteers in a final match.



2.2 Dumb Charades with a Twist: This activity was unique in that it included roles such as sender, receiver, and narrator. Volunteers had to decode daily life idioms and famous cities depicted through emojis in a time-based task. This activity tested the participants' creativity, communication skills, and problem-solving abilities.



- 3. Knowledge Session:** A dedicated session provided valuable insights about the National Camps and the operations of the NSS. Volunteers learned about the importance of NSS in nation-building and the role they play as NSS volunteers. This session was an important educational aspect of the camp, equipping volunteers with knowledge about their contributions to society.



- 4. Propose Game:** To enhance convincing skills, the volunteers participated in a "Propose" game. This game encouraged them to practice their persuasive skills (convincing ability), boosting their confidence and ability to communicate effectively.

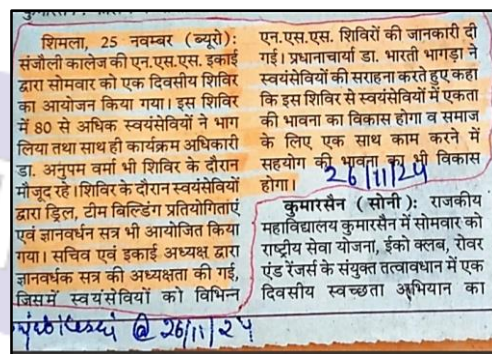


- 5. Jam Session:** The camp concluded with a "Jam Session" where participants shared their thoughts, gave genuine reviews about the camp, and offered feedback on how the activities helped them improve. This session allowed volunteers to reflect on their experiences and share constructive feedback for future camps.



Conclusion:

The camp organized on 24th Nov. was a great success. It helped volunteers improve their communication, teamwork, and leadership skills through activities like drill sessions, team games, and knowledge-sharing. Volunteers appreciated the efforts of the executive committee for making the camp so engaging and for providing an opportunity to learn and grow. Many said they became more confident and better at working in teams. The camp concluded with a feedback session where volunteers shared their positive experiences, and the excellent participation has encouraged the executive body to plan more one-day camps in the future. Overall, it was a fun and valuable event that brought everyone closer and made them feel more ready to contribute to the NSS.



Acknowledgments:

We express our gratitude to the Principal, NSS Program Officers and all the NSS volunteers who participated actively in this camp and showed their utmost dedication and sincere efforts to make this camp a memorable.



Links to the activity:

Facebook	http://tiny.cc/rz4yzz
Instagram	http://tiny.cc/705yzz
Twitter	http://tiny.cc/zz4yzz
Youtube	http://tiny.cc/a05yzz

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