

Yuva Aapda Mitra Scheme

The Yuva Aapda Mitra Scheme is a vital initiative aimed at empowering youth to act as first responders during disasters. Under this scheme, a Disaster Management Camp was conducted at Govt. Sr. Sec. School Sunni over a period of ten days, from 3rd August to 11th August. Sixteen cadets from 7HP(I)COY NCC SHIMLA participated in the camp alongside cadets from other battalions. The camp offered a comprehensive experience in disaster preparedness and response, allowing cadets to develop essential skills such as first aid, emergency handling, and teamwork.



Throughout the camp, cadets followed a disciplined daily routine that included morning physical training, breakfast, theory sessions, and practical exercises. The training modules were designed to simulate real-life disaster scenarios and included rope climbing and search and rescue operations. These activities not only tested our physical endurance but also enhanced our problem-solving abilities and coordination. The sessions were conducted by experienced instructors and officers who shared valuable insights and techniques, significantly improving our understanding of various emergency situations.

The presence of cadets from other battalions fostered a spirit of unity and collaboration, reinforcing the importance of collective effort during crises.

The camp served as a platform to exchange ideas, learn from each other, and build lasting camaraderie. Overall, the Disaster Management Camp under the Yuva Aapda Mitra Scheme was an enriching experience that equipped us with the knowledge, confidence, and readiness to contribute effectively during disasters.

